

# SPEAKER PACKET

Lancette VanGuilder, RDH, BS graduated from the University of South Dakota in 1995 and has been actively involved in professional education, leadership and advocacy on the local, state and national level over the last 25 years.

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Lancette works as a clinician in private practice, in public health and non-profit work, as a consultant/coach and is an internationally recognized continuing education speaker. Her topics appeal to the entire dental team and are designed to present cutting edge information and address current public health issues.

She has received many awards, including the Nevada Dental Hygienist of the Year and the Innovative Career Vision Award. She gained national recognition when she received the 2018 Professional Achievement Award from the American Dental Hygienists Association recognizing her for her contributions to the advancement of the art and science of the dental hygiene profession over the last 15 years.

[www.hygienistforhealth.com](http://www.hygienistforhealth.com)



Hygienist for Health

# WHAT THE JUUL?

*Vaping, e-cigarettes and the new harmful trends you may not know about.*

These devices are sleek, easy to use and all the rage among teens, young adults and those seeking to quit traditional cigarettes. But what is the impact on oral health? Let's explore the current vape culture and address specific health concerns and the role of the healthcare provider.

## Course Objectives:

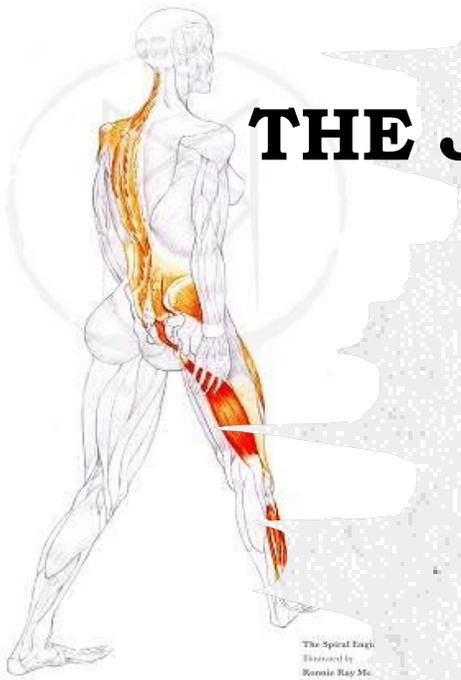
- Explore vaping/smoking trends and products
- Identify potential health risks associated with vaping devices
- Discuss the role of the healthcare provider

Course Audience:  
Entire Dental  
Team



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# THE JAW BONE IS CONNECTED TO THE ANKLE BONE

Ward VanGuilder, MAPT, CIMT and Lancette VanGuilder, RDH, BS

Dental professionals continue to be at the highest risk for musculoskeletal disorders (MSD) due to maintaining awkward prolonged positions and placing undue stress on their bodies. Frequently, the common areas discussed are related to the upper body. But in fact, the abnormal postures and seating positions can also affect hips, legs and the feet/ankle, causing issues at work or play.

This physical therapist-dental hygienist duo will provide important knowledge on common injuries and disorders that the dental professional may encounter and more importantly, provide prevention strategies to keep you healthy.

## Objectives:

- Recall full body anatomical overview and explain the kinetic chain
- Identify dental instruments, equipment and technology that may improve efficiency, enhance patient outcomes and assist with musculoskeletal health
- Review contributing factors of Musculoskeletal Disorders (MSD)
- Discuss how posture affects the entire body
- Learn exercises and stretches designed for the dental professional

Hands-on  
and Lecture  
Format

Course  
Audience:  
Entire Dental  
Team



# AU NATURALE: ORAL HEALTH AND HOMEOPATHIC TRENDS



Holistic and alternative medicine trends are on the rise.

More and more people are seeking out natural ways to feel better, improve their health and minimize the need for harmful chemicals and invasive procedures. The dental team has the opportunity to serve as a valuable resource for optimal oral and overall health. This course will provide background on natural healing practices as well as an overview of current oral and homeopathic trends and alternative medicine culture.

## Course Objectives:

- Understand cultural diversity and the role it plays in the dental setting
- Discuss research and literature regarding alternative medicine trends
- Manage discussions around current oral health and homeopathic trends
- Review current professional recommendations

Course  
Audience:  
Entire Dental  
Team



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# AI: ARTIFICIAL INTELLIGENCE AND HEALTHCARE

*WILL TECHNOLOGIC ADVANCES HAVE THE ABILITY TO LEAD TO BETTER HEALTH OUTCOMES?*



**COMING SOON!**

The future is here! AI may recognize us, even when we don't recognize it. Artificial Intelligence has the potential to help the practitioner, the patient, the business model and the corporate world. It may assist in staying ahead of changes, anticipating patient/consumer desires and assist with more cost effective and data driven practices. But will it help us be better?

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## Course Objectives

- Define artificial intelligence
- Discuss the risks and benefits of machine intelligence
- Investigate AI applications in medical and dental settings



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Course  
Audience:  
Entire Dental  
Team



# THE PAIN EPIDEMIC OF THE 21<sup>ST</sup> CENTURY-OPIOID AND PAIN MANAGEMENT



Pain is now considered a global health issue and may affect each and every one of us in our lifetime in one way or another. With mounting evidence demonstrating the high prevalence of pain in today's society, it is important to discuss the many facets of pain such as: awareness and education, assessment, treatment and mismanagement. This course has been designed to enhance the role that healthcare providers play in providing a collaborative approach to patient centered and comprehensive care and address the opioid crisis.

## Course Objectives:

- Explore the physiological and psychological causes of pain
- Review acute/chronic pain and addiction
- Discuss the opioid crisis
- Identify pain management strategies

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Course  
Audience:  
Entire Dental  
Team



# THE PATHOGEN PATHWAY: INFLAMMATION AND THE ORAL SYSTEMIC LINK



Bacteria, Viruses and Fungi- oh my!

Research first appeared in the 1950's proving that oral bacteria enters the bloodstream. Today, research continues to emerge on the mouth-body connection and the critical role oral health plays in overall health and wellness. This course provides an in depth look at the many contributing factors to inflammation and the damage that it may lead to not only inside the mouth but also the entire body.

## Course Objectives:

- Learn the latest research on the relationship between oral pathogens and inflammation in the body
- Examine the association between poor oral health and multiple systemic conditions
- Explore opportunities to reduce inflammation through diet, dental care and mind-body practices



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Course  
Audience:  
Entire Dental  
Team



## **DENTAL THERAPY: WHAT, WHO AND HOW?**

### ***A guide to serving the public and enhancing the dental community***

As data emerges about the oral health crisis in our nation and need for improved access to dental care, it has become evident that the current dental delivery system may not be meeting the needs of the public. This course will look at the emergence of dental therapy in the United States and provide an in-depth discussion on what dental therapy is and the education, scope of practice and licensure. This model of care is also considered as an advancement in the career ladder for the licensed dental hygienist.



### **Course Objectives:**

- Review oral health and access to care issues in the United States
- Discuss history of dental therapy and midlevel dental providers
- Explore dental therapy education standards, including scope of practice
- Review licensure of dental therapists

Course  
Audience:  
Entire Dental  
Team



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## HPV AND THE ORAL HEALTH SETTING:

# ***THE ROLE DENTAL PROFESSIONALS PLAY IN PREVENTING ORAL AND OROPHARYNGEAL CANCERS***



Prevention, education and early diagnosis are key with any type of cancer. Oral cancer is no exception. One American dies every hour every day from oral cancer. This course will expose oral cancer facts and myths and is intended to educate the entire dental/medical team on the crucial role that they can play in the oral cancer education, prevention and screening process.

### Course Objectives:

- Learn signs, symptoms and risk factors for oral cancers
- Explain the HPV virus and the link between HPV and oral cancers
- Discuss the role of the dental professional in health promotion efforts for disease prevention
- Address HPV vaccination safety and effectiveness
- Demonstrate professional and self-assessment oral cancer screenings
- Provide cancer resources for professionals and patients

Course  
Audience:  
Entire Dental  
Team



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# PERIODONTAL DISEASE DOES NOT DISCRIMINATE BASED ON AGE



*A look at periodontal disease through childhood, adolescence and early adulthood.*

Many sources shed light on the fact that the majority of the population will experience periodontal disease at some point in their lifetime. We also know that the risk is significantly higher as people age. But when does periodontal disease start? Are we doing enough to prevent it and most importantly, are we doing enough to catch it at its earliest stages?

## Course Objectives:

- Discuss oral health challenges of today's youth
- Review systemic considerations of periodontal disease
- Review comprehensive periodontal assessment and classification, including the new AAP Guidelines
- Investigate the need for office protocols for comprehensive periodontal assessment
- Review case study

Course  
Audience:  
Entire Dental  
Team



# GET INTO THE GROOVE!

*It's a new era for dental sealants.*

## Course Objectives:

- Review effectiveness of dental sealants, including evidence-based recommendations
- Explore selection criteria for dental sealants in children and adults
- Identify modern day dental sealant materials
- Demonstrate placement of dental sealants



This course will explore some of the facts and myths regarding dental sealants.

Evidence shows that dental sealants are highly effective at preventing decay and yet still severely under utilized. Join me as we talk about revolutionary new materials and techniques to help make dental sealants successful.



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Course  
Audience:  
Entire  
Dental Team



# DENTAL HYGIENISTS: ESSENTIAL PRIMARY CARE PROVIDERS



Dental hygienists are the primary preventive oral health care provider. With the education and licensure required to provide preventive and therapeutic care to the public, dental hygienists are poised to meet the needs of the public.

Currently, many sources shed light on the demand and severe need for dental services that may be provided by the dental hygienist. In addition, the ever-evolving healthcare landscape, the expansion of healthcare coverage, increased research with the oral systemic link and the epidemic of inflammatory and chronic diseases are reinforcing that optimal oral health is a key component for optimal overall health. As states across the country are moving to expand the dental hygiene scope of practice, increase practice settings and introduce midlevel dental hygiene providers, the profession of dental hygiene is exploding with opportunities!

## Objectives:

- Review the dental hygiene process of care and the ADHA Standards of Clinical Practice
- Discuss the ever-evolving state dental hygiene practice acts around the country
- Provide a global perspective regarding the dental hygiene profession
- Explore various practice settings: private, corporate and public health
- Describe current and potential dental hygiene workforce

Course Audience:  
Dental Hygienists  
\*all are welcome



# ARE YOUR SHOTS UP TO DATE?

## TECHNIQUES, TROUBLESHOOTING AND TRENDS

### Course Objectives:

- Recall anatomical and pharmacological considerations for administration of local anesthesia
- Develop skills and confidence to overcome common barriers
- Demonstrate a wide variety of local anesthesia techniques
- Identify trends regarding local anesthesia: computer assisted, vibration, buffering and reversal agent



Continued competence is essential for local anesthesia techniques. This course will provide an overview of head and neck anatomy, local anesthesia agents, techniques and armamentarium with an emphasis on new trends. You will leave having confidence to provide optimal pain management techniques in dental procedures.



Course  
Audience:  
Dentists and  
Dental  
Hygienists

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Let's test your knowledge of the cannabis culture. With hundreds of compounds in the plant, the uses range from vaping, smoking, eating and as an extract. Dental professionals are encouraged to be up to date on the latest research on cannabis in regards to oral and overall health.

### Course Objectives

1. Define cannabis sativa
2. Examine short term, long term and therapeutic effects of cannabis
3. Explore the good, the bad and the unknown of cannabis trends
4. Understand impact on oral health and the oral health setting

Course  
Audience:  
Entire  
Dental Team

# THE RISE OF CANNABIS

*What is the Impact on Oral Health?*



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# THRIVE!

Don't just survive...thrive!

Today's healthcare environment is dynamic and rapidly changing. Opportunities for dental hygienists are emerging for professionals with vision, ambition and a wide variety of skills. Join us as we discuss strategies to stay relevant, participate in meaningful work and fulfill your sense of purpose

Course Audience:  
Dental Hygienists  
\*all are welcome

## **Keynote Presentation**

Objectives:

- 1) Review all 7 professional roles the dental hygienist
- 2) Explore new clinical products and techniques
- 3) Discuss NextGen healthcare
- 4) Elevate the provider experience and the profession  
\*all attendees receive a small gift

# EXCITING OPPORTUNITIES FOR COLLABORATION FOR LANCETTE'S CE COURSES!

## Saddle Stool Give-away

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Lancette will make arrangements

## Potential Full or Partial Sponsorship

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***Submit a request here:***

<https://www.premierdentalco.com/education/seminars-2/professional-programs/>



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# LET'S CHAT!

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